



MISSIONARIES OF THE SACRED HEART

SUPPORT SERVICES

AGED CARE QUALITY AND SAFETY COMMISSION Website: https://www.agedcarequality.gov.au/ Role is to protect and enhance the safety, health, well-being, and quality of life of people receiving aged care. Australian Government website	Phone 1800 951 822
BLUE KNOT FOUNDATION Website: www.blueknot.org.au Provides telephone counselling, information and support for adult survivors of child abuse and referral to professionals and agencies. Provides workshops for survivors, family members, partners and friends. Professional development for health professionals is also available.	Phone 1800 737 732
BRAVEHEARTS Website: www.bravehearts.org.au Specialist case management, face to face counselling (QLD only) and telephone counselling in all states and territories for child and adult survivors, non-offending family members and friends engaging with the Royal Commission.	Phone 1800 272 831
CATHOLIC CARE SYDNEY Website: www.catholiccare.org Provide support and counselling services to people of any background or denomination. Specialist services include individual and relationship counselling, family support, disability and out of home care services.	Phone 13 18 19
CHILD WISE Website: www.childwise.org.au Trauma informed telephone and online counselling for childhood abuse. Training and organizational capacity building on child abuse prevention.	Phone 1800 991 099
ELDER ABUSE PREVENTION UNIT Website: https://www.eapu.com.au/helpline Free assistance to anyone who experiences, witnesses or suspects the abuse of an older person by someone they know and trust	Phone 1300 651 192 1800 353 374
HEADSPACE Website: https://headspace.org.au/ Mental health support for young people	Phone 03 9027 0100
KIDS HELPLINE Website: https://kidshelpline.com.au/ Free online and phone counselling service for young people aged 5 to 25.	Phone 1800 551800
INTERRELATE Website: www.interrelate.org.au Counselling and support for those affected by institutional child sexual abuse and the work of the Royal Commission. Location in metropolitan, regional and rural NSW.	Phone 1300 134 924
LIFELINE Website: www.Lifeline.org.au 24-hour crisis support and suicide prevention.	Phone 13 11 14



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LIVINGWELL Website: https://www.livingwell.org.au/get-support/aboriginal-support-sexual-abuse/ Support for Aboriginal and Torres Strait men who have been sexually abused in childhood.	Phone QLD only 07 3028 4648
LINK-UP (NSW) Website: https://www.linkupnsw.org.au/ Assists all Aboriginal people who have been directly affected by past government policies; being separated from their families and culture through forced removal, being fostered, adopted, or raised in institutions.	Phone 02 7227 1443 1800 624 332
MENSLINE AUSTRALIA Website: www.mensline.org.au A national telephone and online support, information and referral service for men and family and relationship concerns.	Phone 1300 789 978
SENIOR RIGHTS SERVICE Website: https://seniorsrightsservice.org.au/ Provide legal services, aged care advocacy and community education	Phone 1800 424 079 02 9281 3600
SEXUAL ASSAULT COUNSELLING AUSTRALIA (SACA) Website: www.sexualassaultcounselling.org.au Provides telephone counselling, including a free telephone interpreting service, for people affected by the Royal Commission. Some face-to-face counselling is available in NSW and Victoria. Staffed by trauma specialist counsellors.	Phone 1800 211 028
SURVIORS & MATES SUPPORT NETWORK Website: www.samsn.org.au Facilitated groups and workshops for male survivors of childhood sexual abuse and their families.	Phone 1800 472 676
VICTIMS ACCESS LINE Website: www.victimsservices.justice.nsw.gov.au Provides confidential support and information to victims of all crimes, including sexual and physical assault and domestic violence.	Phone 1800 633 063